



October 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Arroz con Pollo Hab. Guisadas Vegetales Sopa	2 Professional Development Day NO CLASSES	3
4	5 Arroz c Salchichas Hab. Guisadas Vegetales/Sopa	6 Nuggets de Pollo Papas Fritas Vegetales / Sopa	7 Costillas BBQ Arroz Guisado Vegetales /Sopa	8 Pasta Penne con Pollo Amarillos Asados Sopa	9 Tiritas de Churrasco Majado de Malanga Vegetales/Sopa	10
11	12 Columbus Day SCHOOL CLOSED	13 Fricasé de Pollo Arroz Hab. Guisadas Vegetales / Sopa	14 Carne Guisada Arroz Guisado Vegetales / Sopa	15 Spaghetti c Carne Amarillos Asados Vegetales / Sopa	16 Hamburger Hot Dogs Papas Fritas	17
18	19 Picadillo Cubano Arroz Guisado Vegetales / Sopa	20 Pollo Teriyaki Arroz con Cebolla Vegetales / Sopa	21 <i>Chicken Cordon Bleu</i> Arroz Guisado Vegetales / Sopa	22 Chuletas Asadas Arroz/Hab. Vegetales / Sopa	23 Tacos Burritos Habichuelas Ensalada	24
25	26 Albóndigas Arroz Hab. Guisadas Vegetales /Sopa	27 Fricasé de Ternera Arroz Hab. Guisadas Vegetales / Sopa	28 Coditos con Carne Amarillos Asados Vegetales / Sopa	29 Lomo de Cerdo Papas Majadas Vegetales / Sopa	30 Alitas Fritas Nuggets Papas Fritas	31

Notas:

- Los componentes que puedan tener hueso serán sustituidos en el menú para los estudiantes de PPK-3^{ro} por componentes similares sin hueso.
- De no querer el menú regular del día, el estudiante tiene la alternativa del emparedado o sopas.
- Este menú está sujeto a cambios.



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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Rice w Chicken Beans Vegetables Soup	2 Professional Development Day NO CLASSES	3
4	5 Rice w Vienna Sausages Beans Vegetables/Soup	6 Chicken Nuggets French Fries Vegetables/Soup	7 BBQ Ribs Yellow Rice Vegetables/Soup	8 Penne Pasta w Chicken Sweet Plantains Soup	9 <i>Churrasco Strips</i> <i>Mashed Malanga</i> Vegetables/Soup	10
11	12 Columbus Day SCHOOL CLOSED	13 Chicken Fricassee Rice Beans Vegetables/Soup	14 Stewed Beef Yellow Rice Vegetables/Soup	15 Spaghetti w Meat Sweet Plantains Vegetables/Soup	16 Hamburger Hot Dogs French Fries	17
18	19 <i>Cuban Picadillo</i> Yellow Rice Vegetables/Soup	20 Teriyaki Chicken Onion Rice Vegetables/Soup	21 Chicken Cordon Bleu Yellow Rice Vegetables/Soup	22 Baked Pork Chops Rice / Beans Vegetables/Soup	23 Tacos Burritos Beans Salad	24
25	26 Meatballs Rice Beans Vegetables/Soup	27 Veal Fricassee Rice Beans Vegetables/Soup	28 Macaroni w Meat Sweet Plantains Vegetables/Soup	29 Pork Loin Mashed Potatoes Vegetables/Soup	30 Chicken Wings Nuggets French Fries	31

Notes:

- Food that may have bones will be replaced in the PPK-3rd menu by similar food without bones.
- Soup or sandwiches are available as an alternative to the regular menu.
- This menu is subject to change.